



AM I READY FOR HELP?

DSM-5 Criteria for Diagnosis of Opioid Use Disorder

Instructions:

Check all that apply. **Diagnostic Criteria*** These criteria not considered to be met for those individuals taking opioids solely under appropriate medical supervision. **It is not a diagnosis**, but it may help you decide if it's time to talk to a professional.

Opioids are often taken in larger amounts or over a longer period of time than intended. ☐

There is a persistent desire or unsuccessful efforts to cut down or control opioid use. ☐

A great deal of time is spent in activities necessary to obtain the opioid, use the opioid, or recover from its effects. ☐

Craving, or a strong desire to use opioids. ☐

Recurrent opioid use resulting in failure to fulfill major role obligations at work, school or home. ☐

Continued opioid use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of opioids. ☐

Important social, occupational or recreational activities are given up or reduced because of opioid use. ☐

Recurrent opioid use in situations in which it is physically hazardous. ☐

Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by opioids. ☐

*Tolerance, as defined by either of the following:
(a) a need for markedly increased amounts of opioids to achieve intoxication or desired effect ☐
(b) markedly diminished effect with continued use of the same amount of an opioid

*Withdrawal, as manifested by either of the following:
(a) the characteristic opioid withdrawal syndrome ☐
(b) the same (or a closely related) substance are taken to relieve or avoid withdrawal symptoms

Understanding Your Responses:

Count how many items you checked that apply to you to better understand where you currently are in your journey.

2-3: Low Indicators

Your Response Suggests You May Not Need Formal Treatment at This Time

It sounds like substance use may not be significantly disrupting your life or that you have strong systems of support in place. That said, if you're ever unsure or would like to speak confidentially with a professional, we're always here to listen.

[Request a Confidential Call Back](#)

Private. No obligation. We're always here to listen.

4-5: Moderate Concern

There May Be Signs Worth Exploring Further

Your responses suggest that substance use could be affecting your quality of life or overall well-being. This doesn't mean you need to commit to treatment today – only that having a confidential conversation with an expert may help you gain clarity.

[Speak with an Admissions Specialist](#)

Explore your options in a supportive, no-pressure conversation.

[Verify Your Insurance Privately](#)

6+: High Indicators

Your Answers Suggest Treatment May Be Beneficial

You've identified multiple signs that substance use is impacting your life – emotionally, physically, or functionally. Legacy Healing Center offers luxury, private care designed to help you heal with dignity and personalized support.

[Start with a Private Call](#)

Luxury treatment. Personalized care. Discreet support starts here.

[Verify Coverage Securely](#)

Still Have Questions? We're Here to Help — On Your Terms.

Whether you're ready to talk now or simply exploring your options, our team is here to support you with compassion and discretion.



Call Us Now



Request a Confidential Call Back



Verify Insurance